

I claim:

1. A stirrup comprising:

a carrier;

5 a holding member on said carrier for holding a strap;

a footrest joined to said carrier; and

a bushing mounted on said holding member;

wherein the bushing includes an inner sleeve adapted for
snug connection with the holding member and longitudinal fins
10 extending radially from the inner sleeve.

2. The stirrup of claim 1, wherein said inner sleeve and
fins are an integral unitary structure.

15 3. The stirrup of claim 1, wherein said bushing is made of
polyurethane.

4. The stirrup of claim 1, wherein said inner sleeve and
fins are an integral unitary structure made of polyurethane.

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5. The stirrup of claim 1, further comprising an outer
sleeve connected to said fins.

6. The stirrup of claim 5, wherein said inner sleeve, fins and outer sleeve are an integral unitary structure.

7. The stirrup of claim 5, wherein said bushing is made of
5 polyurethane.

8. The stirrup of claim 5, wherein said inner sleeve, fins and outer sleeve are an integral unitary structure made of polyurethane.

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9. A bushing for a stirrup holding member comprising:

an inner sleeve adapted for snug connection with the holding member; and

a plurality of longitudinal fins extending radially from
15 the inner sleeve.

10. The bushing of claim 9, wherein said inner sleeve and fins are an integral unitary structure.

20 11. The bushing of claim 9, wherein the bushing is made of polyurethane.

12. The bushing of claim 9, wherein said inner sleeve and fins are an integral unitary structure made of polyurethane.

13. A bushing for a stirrup holding member comprising:

an inner sleeve adapted for snug connection with the holding member;

an outer sleeve substantially concentric with the inner sleeve; and

a plurality of longitudinal ribs connecting the inner and outer sleeves.

14. The bushing of claim 13, wherein said inner sleeve, ribs

and outer sleeve are an integral unitary structure.

15. The bushing of claim 13, wherein said bushing is made of polyurethane.

16. The bushing of claim 13, wherein said inner sleeve, fins and outer sleeve are an integral unitary structure made of polyurethane.

17. The bushing of claim 13, wherein said plurality consists of four ribs.